

Saying Goodbye - Barrett Bowlin and Tyson Christensen

After a very productive year from August to March, the world of COVID hit. As Dr. Rupp mentioned in his opening letter, we released both Barrett and Tyson two months early.

Barrett Bowlin has joined Shannon Medical Center in San Angelo, TX, a hospital-based practice.

Tyson Christensen joined the private practice group Orthopedic Associates in Farmington, New Mexico.



Barrett Bowlin (right) and
Tyson Christensen (left)

Welcome New Fellows - Evan Corning and Matthew Fournier

Evan Corning, MD completed his residency at the University of Oklahoma in Oklahoma City, OK. He went to medical school at the University of Texas at the Houston Health Science Center.



Evan Corning, MD

"After interviewing for the Lake Tahoe Sports Medicine fellowship I was set on matching here. The Lake Tahoe Sports Medicine Fellowship offers a truly unique experience that's unmatched across the country. The combination of opportunities including: complex arthroscopy, exposure to being a team physician, the opportunity to work

with the US Ski Team, and the new addition working with the Mammoth Orthopedics Institute makes this an unbeatable year of training. These opportunities and more will round me out as a sports medicine orthopedist that will prepare me for my own practice. Lastly, the year round outdoor activities available in Lake Tahoe and the surrounding areas will allow me to experience an entirely new part of the country."

Matthew Fournier, MD completed his residency at the Campbell Clinic in TN. He went to medical school at the University of Washington School of Medicine in Seattle, WA.

"I couldn't be more excited to further my orthopedic training in sports medicine at Lake Tahoe Orthopedics and Sports Medicine. The program provides the opportunity to gain extensive experience in sports medicine, while offering a diverse array of cases in other specialities such as



Matthew Fournier, MD

joint reconstruction, hand, and trauma. The Lake Tahoe area offers an unparalleled opportunity to explore the outdoors in the free time the fellowship affords. I believe that the mix of cases will mirror my eventual practice very well, and my family and I look forward to an amazing year with the faculty and staff here in Tahoe."

Fellowship Faculty

Fall 2020

Robert Rupp, MD
Program Director

Timothy Crall, MD

Jeffrey Cummings, MD

Brian Gilmer, MD

Hilary Malcarney, MD

Jeffrey Orr, MD

Daniel Robertson, MD

Kyle Swanson, MD

Randy Watson, MD, Emeritus

Edward Tapper, MD, Emeritus

Keith Swanson, MD, Emeritus

Jennifer Locke
*GME Administrator
Fellowship Coordinator
Institutional Coordinator*

New Affiliation - Mammoth Orthopedic Institute

Our recent collaboration with Mammoth Institute will enhance the Fellows experience in not just surgical techniques but in the many research opportunities these physicians have embraced.

Drs. Karch and Crall founded Mammoth Orthopedic Institute in 2014 with the vision of advancing and integrating musculoskeletal care in the Eastern Sierra. With the addition of Dr. Gilmer in 2014 and Dr. Knecht in 2019 and their partners from the Torrey Pines Orthopedic Group in San Diego, they now offer a full-service orthopedic department. The Institute also sponsors educational meetings, research and teaching, to maintain academic vigor in their approach to treating patients. For the last few years they have hosted the Mammoth Sports Course. Along with their Trauma Refresher course prior to ski season, their focus is to get you back to what you love.

One of the procedures the fellows are looking forward to is the advancement and technique of Nanoscopic surgery. Mammoth Hospital was one of two facilities in California and among the first 15 in the nation to perform Nanoscopic surgery. As our abilities and technologies improve we hope to expand the role of Nanoscopic surgery to give patients a faster, less invasive, and less painful recovery.

For more in-depth information,
please go to
www.mammothortho.com



Lake Tahoe Sports Medicine Fellowship (ACGME Accredited) Barton Health

P.O. Box 11889
212 Elks Point Rd., Ste. 200
Zephyr Cove, NV 89448



A Letter from our Program Director



Robert E. Rupp, MD

Greetings Alumni and friends,

As we all adjust to the “new normal” of life during a pandemic, the delivery of health care has been a challenge for fellowship training. Our last set of fellows were released early to pursue their orthopedic careers

since Barton had significantly limited surgical services in the Spring. Both Barrett Bowlin and Tyson Christenson had already accomplished their fellowship goals and were well prepared to start their orthopedic practices. Barrett is practicing in San Angelo, Texas and Tyson is practicing in Farmington, New Mexico.

The exciting news for the Fellowship is our new affiliation with the Mammoth Orthopedic Institute and Mammoth Hospital. Our new fellows, Matt Fournier and Evan Corning, will each spend three months in Mammoth experiencing a new perspective of sports medicine. During this time when there is only one fellow at Barton, they will be able to maximize their sports experience by “cherry picking” their caseload. The fellows continue to take independent call and benefit from the added decision making and experience this entails.

We are already planning our interviews for the 2022-2023 Fellowship for the spring. The AAOS has mandated that all interviews be held virtual. This will be a new experience for us. Barton is providing footage of the hospital and surrounding area to give the applicants a sense of what it will be like to be here. Not the same as in person, but since all programs are having the same issue, we hope that it will not affect our match.

As part of our ongoing effort of our GME to promote physician education, we had our 3rd Faculty Development Seminar on November 7th. The UNR School of Medicine is very supportive of Barton and is instrumental in continuing education for our medical staff.

Hope you are all safe.

Robert Rupp, MD
Program Director
Education Director

Welcome New Faculty

Jeffrey Orr, MD

Jeff Orr grew up in South Lake Tahoe, where his father, Terry Orr, practiced as an orthopedic surgeon. Upon entering medical school at Georgetown University his goal was to return to the area to practice orthopedic sports medicine. Following his orthopedic training and subsequent sports fellowship he joined Tahoe Orthopedics and Sports Medicine. He counts himself lucky to be able to practice in such a beautiful location.



Jeffrey Orr and his family

Brian Gilmer, MD

Dr Brian Gilmer co-founded the Mammoth Orthopedic Institute in 2014. He completed his education at Texas A&M University for undergraduate, the University of Texas Medical Branch for his medical degree, and the University of Washington/Harborview Medical Center in Seattle for his residency. Upon completing residency, he did a one-year sports medicine fellowship in Taos, New Mexico.

During fellowship, he was introduced to ski and snowboard injuries which created a perfect fit for him moving to Mammoth. He is a team physician for the US Ski and Snowboard Team, in particular with the US Freeski Slopestyle Team. He holds community clinical faculty positions with the University of Reno and the University of Washington. He is on the editorial board for the Arthroscopy Journal.

In 2016 he established the Mammoth Sports Course, an annual multi-disciplinary sports medicine conference, and remains actively engaged in clinical research

having published numerous peer reviewed articles and book chapters.

Dr Gilmer is a diplomat of ABOS with a subspecialty certificate in sports medicine, an active member of the AAOS, AANA and the AOSSM. He was recently designated as a Distinguished Arthroscopic Leader (DAL) by AANA.



Brian Gilmer and his family

He is married and has 2 children and 2 poorly behaved dogs, and splits his time between Mammoth Orthopedic Institute and the Reno Orthopedic Clinic where he specializes in sports medicine and more specifically on arthroscopic and open surgery of the knee.

Timothy Crall, MD

I grew up in Downeast Maine, skiing and playing hockey and generally ignoring the cold. I went to Franklin and Marshall College in Lancaster, PA, where I have quite a bit of extended family. I planned to do grad school in chemistry until I decided I really hated working in the lab. I ended up going to Washington University in St. Louis for med school, and got interested in orthopedics there. I did the Harvard Combined Orthopedic Residency Program, and from there went to Taos, New Mexico for fellowship. I heard about the Mammoth job on the very first day of fellowship, and I guess the rest is history -- I came out here for a visit and fell in love with the Eastern Sierra, and I've been here ever since.

I live here with my soon-to-be wife, Britt (wedding postponed because of COVID!), and 3 kids -- ages 13, 11, and 8. When I'm not chauffeuring the kids around to various sporting events I'm trying to keep up with Britt on a mountain bike, golfing or brewing beer. (And soon to be added to that list of hobbies: torturing fellows! :-)



Timothy Crall and his family

Support the Fellowship

Your tax-deductible donation will help us continue to grow...

Please mail your donation to:

Lake Tahoe Sports Medicine Fellowship

Attn: Jennifer Locke

P.O. Box 11889

Zephyr Cove, NV 89448

<http://laketahoesportsmed.com/fellowship>

email: jlocke@bartonhealth.org

If you would like to designate your donation to be used for a specific purpose, i.e. research, to attend a conference, etc., please let us know.

We are actively seeking funds to build our research capabilities.

Please consider a donation to fund our abilities. Thank you!