

Dear Fellowship Alumni and Friends,

Barton's new Department of Graduate Medical Education is up and running and is currently working on expanding our fellows education and exposure to sports medicine through an affiliation with University of Nevada, Reno (UNR) football. Our former fellow, Hilary Malcarney, MD, who is one of their team physicians, has already had one of our fellows on the field to help perform football team physicals. Our continued association with UNR will allow the fellows to rotate with her in surgery, clinic and UNR football on a regular basis. This will expand their surgery exposure as well as their exposure to a NCAA Division I sports team. Our goal is to increase our association with University of Nevada, Reno School of Medicine as they expand their residency programs in northern Nevada. We are currently working to form a closer relationship with their Sports Medicine Family Medicine Fellowship.

Jennifer and I are still navigating the GME process and deciding which medical schools and residency programs we will concentrate on in order to establish rotations through Barton. Our goal is to have the rural learning experience compliment their current programs goals and objectives. If any alumni have any ideas, let us hear from you.

Time marches on as we have already committed to the SF Match to interview for the 2018-2019 rotation. The application process for residents opens September 1. Based on previous years, we estimate we will see around 85 applicants. This is always an exciting time of year as we prepare to interview and match with another outstanding group of applicants.

We were sad to bid farewell to our graduating fellows Jessie Dickens and Mike Schicker, but excited to welcome Dan Leigey from the University of Pittsburgh and Judd Allen from University of Oklahoma. Jessie has gone to private practice in Midland, Texas and Mike is off to Sand



Dan Leigey (left), Dr. Swanson (middle), and Judd Allen (right), at AOSSM fellows orientation course.

Point, Idaho. We wish them all the best as they enter the next phase of their exciting careers.

Our new Fellows and I participated in the first Fellow's Orientation Course in Chicago that was sponsored by AOSSM. I think it was a success and will be an annual event for the new fellows. It gives them a jump start to the Fellowship year. Kudos to AOSSM for putting this on without any fee for the fellows. The new Orthopedic Learning Center is amazing! I highly recommend it for you all whenever you get the opportunity to attend a course there.

Thank all of you for your continued support for Barton and our Fellowship. You all have made it a great success and all make real contributions to our goal of providing the highest quality of orthopedic care.

Warmest regards,

Keith R. Swanson, M.D.

Director of GME & DIO, Barton Health
Program Director, LTSMF

Keith Swanson, MD
*Director of Graduate Medical Education
Program Director
Designated Institutional Official*

Rob Rupp, MD
Co-Director, Educational Director

Steve Bannar, MD

Jeff Cummings, MD

Hilary Malcarney, MD

Terrence Orr, MD

Dan Robertson, MD

Roger Rogalski, MD

Kyle Swanson, MD

Randy Watson, MD, Emeritus

Edward Tapper, MD, Emeritus

Britta Swanson, PhD
Research Coordinator

Jennifer Gaston
*GME Administrator
Fellowship Coordinator
Institutional Coordinator*



Lake Tahoe Sports Medicine Fellowship

Barton Health

P.O. Box 11889
212 Elks Point Rd., Ste. 200
Zephyr Cove, NV 89448

Welcome New Fellows for 2017-2018

Andrew Odland MD

*Medical School: University of Iowa Carver College of Medicine,
Iowa City, Iowa
Residency: Mayo Clinic, Rochester, Minnesota*

Jonathan Hagen MD

*Medical School: Texas A&M, College Station, Texas
Residency: Oklahoma University College of Medicine,
Oklahoma City, Oklahoma*

Spotlight on Research

Congratulations to Kyle Swanson MD, Jon Finnoff MD, Britta Swanson PhD, Matt Diesselhorst MD, and JR Meadows MD, who had their research paper published in the July/August 2016 American Journal of Orthopedics: *Clinical and Sonographic Evaluation of Bicortical Button for Proximal Biceps Tenodesis.*

Support the Fellowship

Your tax-deductible donation will help us continue to grow...

Please mail your donation to:

Lake Tahoe Sports Medicine Fellowship
Attn: Jennifer Gaston
P.O. Box 11889
Zephyr Cove, NV 89448

<http://laketahoesportsmed.com/fellowship>
email: jennifergaston54@hotmail.com

If you would like to designate your donation to be used for a specific purpose, i.e. research, to attend a conference, etc., please let us know.



Spotlight on Excellence

Dr. Terry Orr Honored by U.S. Ski and Snowboard Association

The U.S. Ski and Snowboard Association (USSA) recognized Dr. Terry Orr of South Lake Tahoe as the 2016 recipient of its John J. Clair Jr. Award.

The John J. Clair Jr. Award is given annually to a person who provides exceptional service to the U.S. Ski Team or U.S. Snowboarding. Past recipients include Dave McCoy, the founder of Mammoth Mountain Ski Area, and Deedee Corradini, the first and only female mayor of Salt Lake City. This year, Dr. Orr received the award at the USSA Congress's Chairman Awards Dinner on Friday, May 13, in Park City, Utah.

"For nearly 30 seasons, Dr. Terry Orr has volunteered his time to stand on the hill as a team physician and provide moral support for hundreds of U.S. Ski Team athletes," said Tiger Shaw, President and CEO of USSA when recounting Terry's nomination. "His service has spanned over 45 international events at his own expense, and he has played a key role in the success of some of the team's greatest stars."

Dr. Orr has volunteered for the USSA since 1988 and served as the Head Team Physician for USSA Men's Alpine for 14 seasons. He helped create and develop the USSA Medical Pool and Medical Committee. He has also volunteered to provide medical coverage for numerous athletic events, including four Winter Olympics.

"I am truly surprised and honored to receive this recognition," said Dr. Orr. "It has been a privilege to work with USSA athletes, coaches, and officials for the last 28 years and help some of our country's greatest athletes excel."

Dr. Orr is an orthopedic surgeon and medical director of sports medicine and rehabilitation at Barton's Tahoe Center for Orthopedics. He provides orthopedic care for USSA athletes, as well as other athletes and residents in the Lake Tahoe area.



Saying Good Bye and Good Luck...

Jessie Dickens, MD

Jessie will join West Texas Orthopedics in Midland, Texas.

Jessie presented his research paper *Reverse Shoulder Arthroplasty With and Without Subscapularis Repair*. He was assisted on his research paper by Dr. Kyle Swanson, Dr. Jeffrey Cummings, and Britta Swanson PhD.



Jessie Dickens (right) and Mike Schicker (left) with Dr. Keith Swanson at Medical Staff Meeting at Edgewood Golf Course.

Mike Schickers, MD

Mike will join North Idaho Orthopedics and Sports Medicine in Sands Point, Idaho.

Mike presented his research paper *Distal Humerus Fractures in Snowboarders*. He was assisted on his research paper by Dr. Robert Rupp and Dr. Dan Robertson.

Former Fellows Where they are now...

Dr. Cecilia Pascual-Garrido (2010-2011) is an Assistant Professor in the Department of Orthopedics, Hip Preservation, Sports Medicine, at the University of Colorado Denver (UCD), where she works closely with the Regenerative Orthopedics Laboratory. Dr. Pascual has a broad background in basic sciences and clinical orthopedics research, and has published more than 50 publications in highly rated journals, several book chapters, and served on the editorial boards of several journals. Dr. Pascual did her Sports Medicine Fellowship at Lake Tahoe Sports Medicine from 2010-2011. She then continued her training at HSS (Hospital for Special Surgery) in New York where she was assistant team physician for the Mets, the Knicks, and served as part of the U.S. Open Tennis staff. She also spent three years at the Cartilage Restoration Center at Rush Hospital under Dr. Brian Cole and Dr. Susan Chubinskaya. Dr. Pascual has just accepted a position as an assistant professor at Washington University Saint Louis, to join the Hip Preservation and Adult Reconstruction Service.

Over the last ten years, she has studied cartilage in depth with special focus in regeneration, prevention of osteoarthritis, and new cell therapies. Her vision is to utilize her research findings to improve clinical practice and ultimately, to better patient's outcomes.

She has been nominated as part of the AOSSM Research Committee, ICRS educational committee and ORS nominating committee. She has recently been awarded with the 2016 AOSSM/SANOFI Osteoarthritis grant on her project entitled "Cartilage Repair with Mesenchymal Stem

Cells (MSCs) Delivered in a Novel Chondroitin Sulfate/Polyethylene Glycol Hydrogel in an Equine Animal Model". The Anchor Group has also awarded her with the 2016 William Harris Career Development Award in Hip Preservation.

"Doing the sports fellowship at Lake Tahoe was an incredible opportunity for me. This fellowship is unique--while you are living in one of the most beautiful places in the world; you are being able to get trained at a high level in the area of sports medicine including knee, shoulder and hip. All the surgeons are very talented and incredible teachers. The fellowship covers mostly sports-related pathology but you are also able to engage in other aspects if you would like to, such as arthroplasty and trauma. There is also a high volume of cases giving you the experience and confidence you need to start a practice after the fellowship is finished. During the fellowship I was also able to perform research, which has always been my passion. I can't be more thankful for such an incredible program, with incredibly talented surgeons and people that will always remain my friends and partners. Lake Tahoe Sports Medicine Fellowship was the beginning of a great career."



Distinguished Guest Speakers present at Fellows Conference

Dr. Lauren Hansen (2014-2015)

Summit Orthopedic Specialists, Grass Valley, CA
Presentation: **The Rotator Cuff & Beyond**

Dr. Jason Holm, (2012-2013)

Twin Cities Orthopedics, Burnsville, MN
Presentation: **Meniscus Root Tears, Diagnosis and Management**

Dr. Hilary Malcarney (2004)

Nevada Orthopedics, Reno, NV
Presentation: **Shoulder Arthroplasty Update**

Dr. Mimi Zumwalt, Professor (2000)

Texas Tech University Health Science Center, Lubbock, TX
Presentation: **Tissue Engineering and Regenerative Medicine**

Dr. Tom Schwenk, Dean of Medicine

UNR School of Medicine, Reno, NV
Presentation: **Sudden Cardiac Arrest in Athletes**

If you are interested in giving a fellows conference presentation, please contact Jennifer Gaston. We offer CME units and help pay for your expenses.